

## Are you....

- Sick of the "rat race" and being on the "hamster wheel"?
- Feeling overwhelmed, frustrated, stressed or burnt out?
- Finding it difficult to juggle all you want to do or feeling like you're unable to say "no"?
- Working "on" your business or "in" your business?
- Getting bogged down with trivial tasks?
- Struggling with interruptions, distractions, time wasters and procrastination?
- Unable to find what you're looking for quickly and easily?
- In need of processes and systems to better support you and your business?
- Frustrated that important tasks are left unfinished at the end of the day?

## **REGISTER NOW** for our next "Achieving Work/Life Balance" program

If you are ready to **take action and make improvements now** to **achieve the results you want** in your life, this "hands on", fun filled, interactive program will support you in taking action to **achieve immediate results**.

This great value program runs over 3 months and you will receive:

- 3 x 1 hour Webinars
- 3 x 1 hour individual Coaching sessions
- PLUS a "surprise" session and a Resource Kit for you to keep and refer back to
- PLUS access to an online forum to answer your questions and provide updates

**Mention this voucher for the "SPECIAL OFFER" price of \$333**  
**(to receive a saving off the normally recommended price of \$899)**

Contact us now for the next program start date, as there are a limited number of spaces available.

Either contact us on **0409 343 336**, email us at [karenlow.coach@bigpond.com](mailto:karenlow.coach@bigpond.com) or complete the form at <http://www.coachmenowau.com> by clicking on the 'Events' tab

